

Leech Lake Child Care Services Newsletter

Iskigamizige-giizis 2021

Eva White

"Boozhoo, Bezhigoikwe nindizhinakaaz"

Eva White is a preschool teacher at the Leech Lake Head Start. She has been working for the Leech Lake Head Start since 2012. She was married for 40 years to her husband, Terrance "Chopper" White. They have five children and fifteen grandchildren. She makes her children and grandchildren dance outfits-Regalia. She is hopeful that she can pass this on.

"My children, I cherish with all my heart"

While raising her children with her husband, they taught them traditional values,

such as, seasonal gatherings, deer hunting, netting, ricing, berry picking, sugar bush, identifying trees for needs, and how to make maple sugar and rice camp.

"We were fortunate to have our elders to teach us; Hartley and Lillian White, and Porky White. Who spoke Ojibwemowin while they taught"

Currently Eva works in the Maang classroom at the Head Start in Cass Lake. In this classroom Eva works along side another teacher, who she is mentoring about different teaching

methods in the classroom.

"It is an honor to have been able to teach our young children. I will hopefully have an impact on their lives"

The children are practicing letter sounds and blending two letters to make words. They are also using touch math-touch points on each number to help them remember the number. In her classroom they are also working on a project called, "I went walking." For this project each child get an animal name, they use Ojibwemowin to make the book their own. The children will learn the backgrounds of each animal and what they represent in the culture.



Upcoming Trainings

Develop and Eager to Learn Trainings

	Register Online	
Encouraging Curiosity in Young Children (2hrs)	Apr 19	\$10
Teach Children To Make Choices To Set The Foundation for Behavior Regulation (2hrs)	Apr 20	Unknown
Discovery Bottles (2hrs)	Apr 20	\$10
Following Nature: Embracing Nature's Wonders In Early Childhood (2hrs)	Apr 21	\$20
Granting Children Their Emotions, How Children Can Learn About Them Through Each Day (2hrs)	Apr 24	\$22
STEAM Power through Loose Parts: An Introduction (2hrs)	Apr 27	\$10
Understanding and Supporting Children's Friendship Skills (16hrs)	Apr 29- May 27	\$80
Creating Social and Emotional Success (2hrs)	May 3	\$10
More Building Blocks To Childcare Success (2hrs)	May 6	\$10

For more trainings visit developoptoolmn.org. If you need assistance in registering for trainings, please contact Cora Roy at cora.roy@llojibwe.net.

Tonya's Tips: Gardening

Gardening season is upon us and there are many different ways for kids to be involved in gardening. The benefits of gardening with children are:

- Encourages healthy eating
- Engaging exercise
- Builds self confidence
- A STEM activity

A large pot, raised garden beds, or a large garden are all beneficial to children. Children will enjoy watching their plants grow and be encouraged to try new food that they grew themselves.

Early Learning Scholarship

Leech Lake Child Care Services still has funds available for the Early Learning Scholarship program that opened July 7, 2020 and you can submit your application at any time. The Early Learning



scholarship can be used to help pay for a qualifying early learning program such as family child care, center child care, and public school programs. You do not

need to be currently attending an eligible program to apply.

To be eligible to apply:

- Child must be 3 years of age by September 1, 2020 and have not started kindergarten
- Children 0-5 years of age who are a priority population. Priority populations are teen parents, foster care/child protective services, or have experienced homelessness in the last 24 months.

If you are interested in applying or for more information, please contact:

Tonya Morris,
Early Learning Scholarship Area Administrator
Tonya.Morris@llojibwe.net
218-335-8249

Waase's Whispers



Iskigamizige. S/he is sugaring.

ininaatig maple tree

Wiikaa na gigii-iskigamizigem? Did you all ever make maple sugar/syrup?

Minopogwad zhiwaagamizigan. Maple syrup tastes good.

Agwajjiing izhaadaa. Let's go outside

Ninoondawaag omakakiig. I hear frogs.

Visit Waking Up Ojibwe for many resources to support Ojibwe language use.
<http://www.wakingupojibwe.ca/>

Cora's Corner: Tips on Guiding Children's Behavior

Adults play an important role in guiding a child's behavior in a supportive and developmentally appropriate way. Finding effective strategies to guide behavior can be different for each child, as each child has their own personality. Some strategies might work well for some children, while not work at all for others. Some simple tips for guiding a child's behavior are:

- Keep rules simple and easy to understand.
- Tell them what you want them to do, and not what they shouldn't do. For example, "please walk" rather than "don't run."
- Talk to them at their eye level.
- Give them time to respond.
- Set a good example.
- Give the child the opportunity to make choices.
- Give them respect, talk with them in private to remind them of rules.
- Catch them being good, and give them praise.
- Be descriptive when you give them praise by telling them what they did right. Rather than just saying good job, tell them, "Good job asking for a turn with the car!"
- Teach them how to resolve conflict.
- Teach them how to take responsibility for their misbehavior. For example, if the child dumps out a bucket of toy, show him how to clean it up.

For more information visit:

<https://childcare.extension.org/basic-tips-child-care-providers-can-use-to-guide-childrens-behavior/>

Nicole's Notes: Earth Day

This year Earth Day is April 22nd. With the theme being "Restore Our Earth". It's a great idea to get your kids involved! Let them know what Earth Day is and why we celebrate it. Here are a few ideas you can do to celebrate this day!

- **Support Our Pollinators:** Bring native bees and other pollinating creatures to your garden. One way to do this is by selecting the right plants.
- **Clean up plastic and garbage in your neighborhood or community.**
- **Reduce, reuse and recycle.**
- **Plant a Tree.**
- **Stop using chemicals and pesticides in the garden.**
- **Pass down a love of nature and plants to kids**

<https://www.almanac.com/content/earth-day-date-activities-history>



Leech Lake Subsidy Program

If you know a family that could benefit from our Leech Lake Subsidy (Child Care Assistance Program) please send them my way. We also register Legally Non Licensed providers, which could be a relative watching your child. If your family qualifies, they can be reimbursed by our program. I am taking applications through the mail, email, and I can even set up a time to do it over the phone with you. If you have any questions, I am here to help.

Thanks much!

Nicole Collins, Child Care Specialist

Nicole.Collins@llojibwe.net

218-760-0133



Leech Lake Child Care Services
190 Sailstar Drive NW
Cass Lake, MN 56633

Nicole Collins
Child Care Specialist
218-335-4431

Tonya Morris
Early Learning Scholarship
Administrator
218-335-8249

Waase Paulson
Ojibwemowin Mentor

Cora Roy
Licensing/Support Coordinator
218-335-8338

Becky Littlewolf
Child Care Services Manager
218-335-8257

Ogaa Patties

Recipe provided by the Leech Lake Band of Ojibwe SNAP Ed. Program

Ingredients

- 5lbs of boneless ogaa fillets
- 8 potatoes
- 1 large onion
- 2 eggs
- 1/2 cup flour
- Olive Oil (coating the pan)

Directions

1. Boil the ogaa fillets for a few minutes until cooked and set aside to cool.
2. Boil opiniig (potatoes) and mash.
3. Chop onions and pan fry until translucent.
4. Break ogaa into chunks (not too crumbly)
5. When all items are prepared, mix them in a large bowl with the eggs and flour.
6. Make patties about 2 inches in diameter and about 1 inch thick.
7. Heat a small amount of olive oil in a frying pan
8. Cook until golden brown on both sides.

