PACKET

Oral Hygiene Kit (ask about dental exam)

1st Visit (Introduction to program, after being enrolled)

Get to know the mom and complete FPA

What to expect when you're expecting or	What to Expect Eating Well When Expecting	(If Needed)
Nursing pads		

2 nd	Bibs (pks)
	Bottle Brush
	Tummy Butter
3 rd	Hair ties/chapstick
	Brush/Comb set
4 th	Onsies
	Muslin Blankets
	Diapers & Wipes

5 th	Diaper bag	6 th	Bath towel / wash cloths
	Bottles & Breastmilk Storage Bags		Grooming kit (baby), Shampoo, lotion
			Bath Set (bath bomb, body wash, lotion)

7 th	Cuddle cushion/Boppy Pillow	8 th	Baby Wrap
	Lansinoh 3 in 1 Breast Therapy & Lanolin Cream		Baby Wrap

9 th	Bouncy Chair
	Breastfeeding/Car seat Cover-up

	Expectant Father
1 st	Lotion/Body Wash
2 nd	Coffee Cup
3 rd	Travel size tool kit

Pregnant Mom Visit Incentives

GRAND INCENTIVE given when 8 EF visits are complete, attend 1 or more pregnant mom socializations or LL Early Childhood events and have a dental exam. Dental Exam Date:_____ Date of event or socialization: Swing Infant Car Seat/stroller OR Convertible Car Seat 2 Week visit Dual Scan thermometer and Water Bottle 6 Week visit Safety Kit (outlet covers, etc.) and Toy Car Seat - Refer to Tonya Losh (WIC OFFICE) Complete date_____ Comments / Follow up:_____ Pack n Play – Refer to the MATERNAL CHILD HEALTH Complete date_____ Comments / Follow up:_____ Baby Bath – Refer to the MATERNAL CHILD HEATLH Complete date_____ Comments / Follow up:

10/2/20 CF