

## Applicant & Family Member Information

| Applicant (Pregnant Mom)                                      |  |                              |        |   |                |                                     |         |
|---|--|------------------------------|--------|---|----------------|-------------------------------------|---------|
| First   | Middle   | Last                         | Suffix | Nickname                                      | Birthday       | Gender                              | SSN     |
| Race  |  | Hispanic                     |        | English Proficiency                           | Other Language | Other Language Proficiency          |         |
| <input type="checkbox"/> Asian                                | <input type="checkbox"/> American Indian/Alaska Native | <input type="checkbox"/> Yes |        | <input type="checkbox"/> None                 |                | <input type="checkbox"/> Poor       |         |
| <input type="checkbox"/> Black                                |  | <input type="checkbox"/> No  |        | <input type="checkbox"/> Little               |                | <input type="checkbox"/> Moderate   |         |
| <input type="checkbox"/> White                                | <input type="checkbox"/> Hawaiian/Pacific Islander     |                              |        | <input type="checkbox"/> Moderate             |                | <input type="checkbox"/> Proficient |         |
| <input type="checkbox"/> Other: _____                         |  |                              |        | <input type="checkbox"/> Proficient           |                |                                     |         |
| CDIB <input type="checkbox"/> Yes <input type="checkbox"/> No |  |                              |        |   |                |                                     |         |
| If yes, list tribe:   |  |                              |        |   |                |                                     |         |
| Primary Health Coverage                                       |  | Other Health Coverage        |        | Medicaid                                      |                | Doctor                              | Dentist |
|   |  |                              |        | <input type="checkbox"/> Not Eligible         |                |                                     |         |
|   |  |                              |        | <input type="checkbox"/> On Medicaid          |                |                                     |         |
| <input type="checkbox"/> No Health Insurance Coverage         |  |                              |        | <input type="checkbox"/> Potentially Eligible |                |                                     |         |

| Applicant Continued (Pregnant Mom)        |                                      |                                     |   |   |                              |   |
|---|--------------------------------------|-------------------------------------|---|---|------------------------------|---|
| Highest Grade Completed                   |                                      | Employment Status                   |   | Child's Relationship                          | Legal Custody                | Check all that apply:                               |
| <input type="checkbox"/> Associate's      | <input type="checkbox"/> Grade 10    | <input type="checkbox"/> Full Time  | <input type="checkbox"/> Full Time & Training | <input type="checkbox"/> Natural/Adopted/Step | <input type="checkbox"/> Yes | <input type="checkbox"/> Lives with Family          |
| <input type="checkbox"/> Bachelor's       | <input type="checkbox"/> Grade 11    | <input type="checkbox"/> Part Time  | <input type="checkbox"/> Part Time & Training | <input type="checkbox"/> Grandchild           | <input type="checkbox"/> No  | <input type="checkbox"/> Provides Financial Support |
| <input type="checkbox"/> Col Deg/Train    | <input type="checkbox"/> < Grade 9   | <input type="checkbox"/> Seasonal   | <input type="checkbox"/> Training or School   | <input type="checkbox"/> Niece/Nephew         |                              | <input type="checkbox"/> Teen Parent                |
| <input type="checkbox"/> Col or Adv Train | <input type="checkbox"/> HS Graduate | <input type="checkbox"/> Unemployed | <input type="checkbox"/> Retired or Disabled  | <input type="checkbox"/> Foster               |                              |   |
| <input type="checkbox"/> GED              | <input type="checkbox"/> Master's    |                                     |   | <input type="checkbox"/> Other                |                              |   |

Are there any legal restrictions that we need to be aware of?  
☐ Yes ☐ No

If yes, you must provide us with a copy of the documentation.

| Adult 2   |  |                                     |   |   |                              |   |     |
|---|--|-------------------------------------|---|---|------------------------------|---|-----|
| First   | Middle   | Last                                | Suffix  | Nickname                                      | Birthday                     | Gender  | SSN |
| Race  |  | Hispanic                            |   | English Proficiency                           | Other Language               | Other Language Proficiency                          |     |
| <input type="checkbox"/> Asian  | <input type="checkbox"/> American Indian/Alaska Native | <input type="checkbox"/> Yes        |   | <input type="checkbox"/> None                 |                              | <input type="checkbox"/> Poor                       |     |
| <input type="checkbox"/> Black  |  | <input type="checkbox"/> No         |   | <input type="checkbox"/> Little               |                              | <input type="checkbox"/> Moderate                   |     |
| <input type="checkbox"/> White  | <input type="checkbox"/> Hawaiian/Pacific Islander     |                                     |   | <input type="checkbox"/> Moderate             |                              | <input type="checkbox"/> Proficient                 |     |
| <input type="checkbox"/> Other: <input type="checkbox"/> Multi-Racial _____ |  |                                     |   | <input type="checkbox"/> Proficient           |                              |   |     |
| Highest Grade Completed   |  | Employment Status                   |   | Child's Relationship                          | Legal Custody                | Check all that apply:                               |     |
| <input type="checkbox"/> Associate's  | <input type="checkbox"/> Grade 10                      | <input type="checkbox"/> Full Time  | <input type="checkbox"/> Full Time & Training | <input type="checkbox"/> Natural/Adopted/Step | <input type="checkbox"/> Yes | <input type="checkbox"/> Lives with Family          |     |
| <input type="checkbox"/> Bachelor's   | <input type="checkbox"/> Grade 11                      | <input type="checkbox"/> Part Time  | <input type="checkbox"/> Part Time & Training | <input type="checkbox"/> Grandchild           | <input type="checkbox"/> No  | <input type="checkbox"/> Provides Financial Support |     |
| <input type="checkbox"/> Col Deg/Train                                      | <input type="checkbox"/> < Grade 9                     | <input type="checkbox"/> Seasonal   | <input type="checkbox"/> Training or School   | <input type="checkbox"/> Niece/Nephew         |                              | <input type="checkbox"/> Teen Parent                |     |
| <input type="checkbox"/> Col or Adv Train                                   | <input type="checkbox"/> HS Graduate                   | <input type="checkbox"/> Unemployed | <input type="checkbox"/> Retired or Disabled  | <input type="checkbox"/> Foster               |                              |   |     |
| <input type="checkbox"/> GED  | <input type="checkbox"/> Master's                      |                                     |   | <input type="checkbox"/> Other                |                              |   |     |

# **Family Information, Income & Contacts**

Pregnant mom's Name: \_\_\_\_\_

| Family Information  |                             |   |   |   |   |   |
|---|-----------------------------|---|---|---|---|---|
| Living Address  |                             | Address Line 2  |   | Zip   | City  | State County  |
| Mailing Address (if different)                            |                             | Address Line 2  |   | Zip   | City  | State County  |
| Name & Phone Numbers                                      |                             | Type (check one)  |   |   |   |   |
|   |                             | <input type="checkbox"/> Cell                               | <input type="checkbox"/> Home                               | <input type="checkbox"/> Work                               | <input type="checkbox"/> Phone # _____                      |   |
|   |                             | <input type="checkbox"/> Cell                               | <input type="checkbox"/> Home                               | <input type="checkbox"/> Work                               | <input type="checkbox"/> Phone # _____                      |   |
|   |                             | <input type="checkbox"/> Cell                               | <input type="checkbox"/> Home                               | <input type="checkbox"/> Work                               | <input type="checkbox"/> Phone # _____                      |   |
| Parental Status<br>(check one)                            | Primary Language<br>at Home | Homeless<br>Family  | Active Duty<br>Military                                     | Referred by<br>Child<br>Welfare<br>Agency                   | Receiving<br>Food<br>Support                                | WIC   |
| <input type="checkbox"/> One <input type="checkbox"/> Two |                             | <input type="checkbox"/> Yes<br><input type="checkbox"/> No | <input type="checkbox"/> Yes<br><input type="checkbox"/> No | <input type="checkbox"/> Yes<br><input type="checkbox"/> No | <input type="checkbox"/> Yes<br><input type="checkbox"/> No | <input type="checkbox"/> Yes<br><input type="checkbox"/> No |

| Emergency Contacts   |  |  |  |  |  |  |
|--|--|--|--|--|--|--|
| Contact 1  | Name   |  | Relationship   |  | Emergency<br>Contact   | Release To   |
|  |  |  |  |  | <input type="checkbox"/> Yes <input type="checkbox"/> No                                     | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|  | Address  |  | Zip  |  | City   | State  |
|  | Phone # 1  |  | Phone # 2  |  | Phone # 3  |  |
| Contact 2  |  |  |  |  |  |  |
|  | <input type="checkbox"/> Cell <input type="checkbox"/> Home<br><input type="checkbox"/> Work |  | <input type="checkbox"/> Cell <input type="checkbox"/> Home<br><input type="checkbox"/> Work |  | <input type="checkbox"/> Cell <input type="checkbox"/> Home<br><input type="checkbox"/> Work |  |
|  | Name   |  | Relationship   |  | Emergency<br>Contact   | Release To   |
|  |  |  |  |  | <input type="checkbox"/> Yes <input type="checkbox"/> No                                     | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Address  |  | Zip  |  | City   | State  |  |
| Phone # 1  |  | Phone # 2  |  | Phone # 3  |  |  |
|  |  |  |  |  |  |  |
| <input type="checkbox"/> Cell <input type="checkbox"/> Home<br><input type="checkbox"/> Work |  | <input type="checkbox"/> Cell <input type="checkbox"/> Home<br><input type="checkbox"/> Work |  | <input type="checkbox"/> Cell <input type="checkbox"/> Home<br><input type="checkbox"/> Work |  |  |

Certification: I certify that this information is true. If any part is false, my participation in this agency's programs may be terminated and I may be subject to legal action. I also understand that the information in this application will be held in strict confidence within the agency and is accessible to me during normal business hours.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Leech Lake Early Head Start  
Expectant Families Program  
*Family/Pregnancy History*

Expectant Family \_\_\_\_\_ Date \_\_\_\_\_

How did you find out about our program? \_\_\_\_\_

***Prenatal Information***

What week of pregnancy? \_\_\_\_\_ What is your expected due date? \_\_\_\_\_  
Date you first received prenatal care \_\_\_\_\_

Do you have a prenatal provider? ☐ Yes ☐ No  
If yes what type? ☐ Private ☐ IHS ☐ Other, \_\_\_\_\_  
Name of Provider \_\_\_\_\_  
Date of last visit \_\_\_\_\_  
What hospital will you use for delivery? \_\_\_\_\_

Have you seen a dentist during your pregnancy? ☐ Yes ☐ No  
Date of last exam \_\_\_\_\_ Provider \_\_\_\_\_

***Family***

\_\_\_\_ Diagnosed Disability, if yes list \_\_\_\_\_  
\_\_\_\_ Suspected Disability, if yes list \_\_\_\_\_  
\_\_\_\_ Teen Pregnancy \_\_\_\_\_  
\_\_\_\_ Medical Concerns \_\_\_\_\_  
\_\_\_\_ Nutritional Concerns \_\_\_\_\_  
\_\_\_\_ English as Second Language \_\_\_\_\_  
\_\_\_\_ Single Parent (in school or working) \_\_\_\_\_  
\_\_\_\_ Blended Family \_\_\_\_\_  
\_\_\_\_ Unemployed \_\_\_\_\_  
\_\_\_\_ Limited Resources \_\_\_\_\_  
\_\_\_\_ Recent Divorce or Separation \_\_\_\_\_  
\_\_\_\_ Deceased Parent \_\_\_\_\_  
\_\_\_\_ Domestic Violence \_\_\_\_\_  
\_\_\_\_ Substance Abuse \_\_\_\_\_  
\_\_\_\_ Homelessness \_\_\_\_\_  
\_\_\_\_ Major Change in Family \_\_\_\_\_  
\_\_\_\_ Home Safety Hazards \_\_\_\_\_  
\_\_\_\_ Other, explain \_\_\_\_\_

**Current or Previous Pregnancies (please check all that apply)**

| Complications                  | Current   | Previous |
|--------------------------------|-----------|----------|
| Pain                           |           |          |
| Bleeding                       |           |          |
| C-Section                      |           |          |
| Fatigue                        |           |          |
| Pre-Term Labor                 |           |          |
| Diabetes                       |           |          |
| Pregnancy Induced Diabetes     |           |          |
| Anemia                         |           |          |
| Headaches                      |           |          |
| Swelling                       |           |          |
| Sickle Cell                    |           |          |
| Hypertension                   |           |          |
| Pregnancy Induced Hypertension |           |          |
| Neonatal Death                 |           |          |
| Miscarriage                    |           |          |
| Bed Rest / Hospitalization     |           |          |
| Due to:                        | How long? |          |

Other:

Signature of Specialist \_\_\_\_\_ Date \_\_\_\_\_

Signature of Applicant \_\_\_\_\_ Date \_\_\_\_\_

## Leech Lake HeadStart/EarlyHS Household Size and Income Information

Parent/Guardian: Full Name: \_\_\_\_\_

ENROLLED CHILD'S NAME: \_\_\_\_\_

Number of Adults in Family: \_\_\_\_\_ Number of Children in Family: \_\_\_\_\_

Number of Adults contributing to the Income: \_\_\_\_\_ Annual Income: \_\_\_\_\_

(Must provide documentation for each contributing member)

Please List All Family Members:

|  |     |  |
|--|-----|--|
|  | DOB |  |
|  | DOB |  |
|  | DOB |  |
|  | DOB |  |
|  | DOB |  |

(USE BLANK SHEET OF PAPER FOR ADDITIONAL NAMES & BIRTHDATES)

**>> MUST PROVIDE DOCUMENTATION FOR ALL INCOME SOURCES <<**

| INCOME SOURCE                                    | AMOUNT | FREQUENCY  |
|--|--------|--|
| Non-Agricultural Earned Income (ie. wages, tips) |        | <input type="checkbox"/> Weekly<br><input type="checkbox"/> Every 2 weeks<br><input type="checkbox"/> Twice a month<br><input type="checkbox"/> Monthly<br><input type="checkbox"/> Annually |
| Public Assistance. Welfare (ie. TANF, MFIP)      |        | <input type="checkbox"/> Weekly<br><input type="checkbox"/> Every 2 weeks<br><input type="checkbox"/> Twice a month<br><input type="checkbox"/> Monthly<br><input type="checkbox"/> Annually |
| Social Security/Pension                          |        | <input type="checkbox"/> Weekly<br><input type="checkbox"/> Every 2 weeks<br><input type="checkbox"/> Twice a month<br><input type="checkbox"/> Monthly<br><input type="checkbox"/> Annually |
| Supplemental Security Insurance (SSI)            |        | <input type="checkbox"/> Weekly<br><input type="checkbox"/> Every 2 weeks<br><input type="checkbox"/> Twice a month<br><input type="checkbox"/> Monthly<br><input type="checkbox"/> Annually |
| Foster Care/Adoption Subsidy                     |        | <input type="checkbox"/> Weekly<br><input type="checkbox"/> Every 2 weeks<br><input type="checkbox"/> Twice a month<br><input type="checkbox"/> Monthly<br><input type="checkbox"/> Annually |
| Unemployment Insurance                           |        | <input type="checkbox"/> Weekly<br><input type="checkbox"/> Every 2 weeks<br><input type="checkbox"/> Twice a month<br><input type="checkbox"/> Monthly<br><input type="checkbox"/> Annually |
| Child Support/Alimony                            |        | <input type="checkbox"/> Weekly<br><input type="checkbox"/> Every 2 weeks<br><input type="checkbox"/> Twice a month<br><input type="checkbox"/> Monthly<br><input type="checkbox"/> Annually |

>>>>>IMPORTANT<<<<<  
 DON'T FORGET TO SIGN THE BACK OF THIS PAGE.  
 PLEASE CONTINUE ON BACK SIDE OF THIS FORM.

Income Verification:

☐ 1040 Tax Statement  
 ☐ W2 Statement  
 ☐ Pay Stubs  
 ☐ Income Declaration



☐ Public Assistance Printout      ☐ Unemployment      ☐ Other: Specify \_\_\_\_\_

**Special CACFP Verification:**      *Annual Amount*

☐ Food Stamps      \_\_\_\_\_

☐ MFIP      \_\_\_\_\_

☐ Foster Child      ☐ SSI

**NO CHILD WILL BE ENROLLED UNTIL INCOME  
VERIFICATION IS PROVIDED.**

• ( *Head Start Performance Standards: 1305.4 c, d, e*)

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Head Start Staff Signature \_\_\_\_\_ Date \_\_\_\_\_

**OFFICE USE ONLY:**

# in Household \_\_\_\_\_

IE      /      OI

Amount \_\_\_\_\_

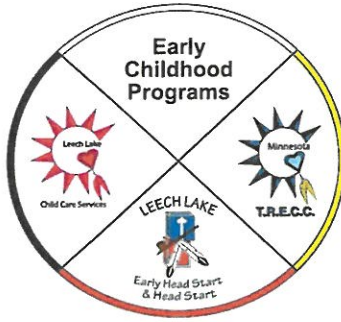
Income Verification amount \_\_\_\_\_

*Income source:*

- ☐ Wages
- ☐ MFIB (county printouts)
- ☐ SS / SSI
- ☐ Foster Care
- ☐ Unemployment
- ☐ Notarized No Income
- ☐ Other: \_\_\_\_\_

Verified by: \_\_\_\_\_

Date



**Leech Lake Head Start / Early Head Start**  
**AUTHORIZATION TO RELEASE/EXCHANGE INFORMATION**

**To:** \_\_\_\_\_  
**(County Agency, School, Other)**

You are hereby authorized to release / exchange the following requested information to  
the: **Leech Lake Early Childhood Development**

**190 Sailstar Drive NW**

**Cass Lake, Mn. 56633**

**Phone (218) 335-8345 Fax # (218) 335-8255**

\_\_\_\_\_  
**(Name of Parent / Child)**

\_\_\_\_\_  
**(Date Of Birth)**

**Please send:** \_\_\_\_\_

I understand that my records are protected under appropriate Privacy Laws, and cannot be disclosed to any other party without my written consent. I also understand that this consent expires automatically one (1) year from the date below.

\_\_\_\_\_  
**Parent / Guardian Signature**

\_\_\_\_\_  
**Date**

**Leech Lake Early Head Start  
Expectant Families Program  
Health/Nutrition Assessment**

Expectant Mother \_\_\_\_\_ Date \_\_\_\_\_

**Health: Part 1**

Pre-pregnant weight: \_\_\_\_\_ Pregnancy Weight: \_\_\_\_\_ Height: \_\_\_\_\_

Have you lost weight with out trying? No ☐ Yes ☐

Are you taking prenatal vitamins and iron? No ☐ Yes ☐

Do you or have you experienced heartburn or indigestion? No ☐ Yes ☐

Are you currently taking over the counter medications? No ☐ Yes ☐

If yes, list \_\_\_\_\_

Do you smoke or use smokeless tobacco? No ☐ Yes ☐

Are you or have you experienced constipation? No ☐ Yes ☐

Are you currently drinking alcohol? No ☐ Yes ☐

**Nutrition: Part 2**

Are you on  
a special

diet? No ☐ Yes ☐ Please give details: \_\_\_\_\_

Are there any foods you do not eat for medical, religious, or personal reasons?

No ☐ Yes ☐ Please give details: \_\_\_\_\_

How would you describe your appetite? Good ☐ Fair ☐ Poor ☐

**Cravings for any of the following:**

Cornstarch ☐

Dirt ☐

Coffee grounds ☐

Clay ☐

Plaster ☐

Starch ☐

Toothpaste ☐

Ice ☐

Laundry Soap ☐

**Had any of the following?**

Nausea ☐

Vomiting ☐

Constipation ☐

Diarrhea ☐

**Meals usually eaten:**

Breakfast ☐

Snack ☐

Lunch ☐

Dinner ☐

Other: \_\_\_\_\_

**There is a back side to this form**



1. How much water do you drink daily? \_\_\_\_\_

2. What kind of water do you drink?

☐ Distilled    ☐ Spring    ☐ Tap    ☐ Flavored

3. Do you have a working stove, oven and refrigerator where you live? No ☐ Yes ☐

4. Were there any days last month when you did not have enough food to eat or enough money to buy food? No ☐ Yes ☐

5. Do you plan on breast feeding? No ☐ Yes ☐

List any concerns regarding breast feeding \_\_\_\_\_

\_\_\_\_\_

What concerns or questions do you have about health or nutrition?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signature of Applicant \_\_\_\_\_ Date \_\_\_\_\_

Specialist Signature \_\_\_\_\_ Date \_\_\_\_\_

