Leech Lake Early Head Start & Head Start

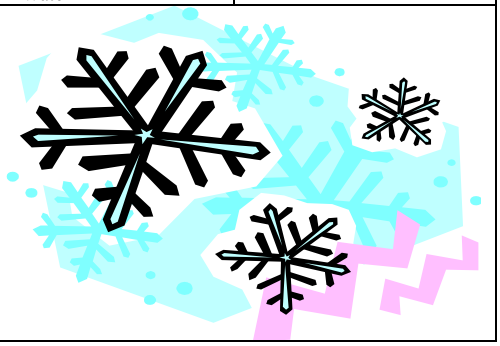
February 2012

If your child has a food allergy or special nutritional need be sure to notify the main office to obtain the proper forms so we may offer your child alternative food items.

All Meals are served with 1% milk or whole milk.

Chocolate milk is served on Thursdays at lunch time.

Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday Early Head Start Only
		1 **B**-Multigrain Cheerios Mandarin Oranges (HS) Oranges (EHS) Milk **L**-Fish Sticks Corn Fruit Cocktail Milk **S**-Pears Cottage Cheese	2 **B**- Oatmeal Peaches Milk **L**- Roast Turkey Baked Baby Rounds WW Bread Apricots Milk **S**-Angel Food Cake Strawberries Milk	3 **Admin Day** **(No School)**
6 **B**- Choc Malt-O-Meal WW Toast Apple Juice Milk **L**- Sloppy Joes w/Bun Sweet Potato Fries Green Beans Milk **S**- Multigrain Cheerios Milk	7 **B**- Oatmeal Blueberries Milk **L**- Beef Roast Wild Rice Mashed Potatoes Carrots WW Bread Milk **S**- Graham Crackers Milk	8 **B**- Raisin Bran (HS) Bran Flakes (EHS) Raspberries Milk **L**- Turkey Burger Steamed Broccoli Peaches Milk **S** – Carrots Ranch Dip Milk	9 **B**- Boiled Egg Wheat Toast Orange Juice Milk **L**- Beef-Vegetable Stew Biscuit Pears Chocolate milk **S**- Animal Crackers Milk	10 **B**-Cinnamon WW Toast Peaches Milk **L**- Chicken Drummies Green Beans Apricots Milk **S**- Blueberry Muffin Squares Orange Juice
13 **B**- Kix Mandarin Oranges (EHS) Oranges (HS) Milk **L**- Tacos (Ground Beef) Pineapple Tidbits (HS) Pears (EHS) Milk **S**- English Muffin Cheese slice Milk	14 **B- Pancake** **Strawberries** **Milk** **L-Boiled Dinner** **Diced Peaches** **WW Crackers** **Milk** **S- Pumpkin Bread** **Milk**	15 **B**- Oatmeal Grape Juice Milk **L**-Fish Sticks French Fries Carrots Milk **S**- Red Apple Slices (HS) Applesauce (EHS) Cheddar Cheese Sticks Water	16 **B**- Scrambled Egg Wheat Toast Orange Juice Milk **L**- Meat/Cheese Pizza Salad (HS Only) Pears (EHS Only) Fruit Cocktail Milk **S**- Tortilla w/Cheese Milk	17 **B**-English Muffin Cantaloupe Milk **L**-Spaghetti w/Meat Sauce Green Beans Diced Pears Garlic Toast Milk **S**-Vanilla Wafers Vanilla Pudding Milk
20 **President's Day** **(No School)**	21 **B**-Chocolate Little Bites Cantaloupe slices Milk **L**-Ham Roast Baked Potato Broccoli Dinner Roll Milk **S**- Goldfish Milk	22 **B**-Cream Of Wheat Strawberries Milk **L**-Hamburger Sweet Potatoes Diced Peaches Milk **S**-String Cheese WW Crackers Water	23 **B**-Bagel Cream Cheese Orange Juice Milk **L**-Roast Turkey Mashed Potatoes Carrots Cranberries Dinner Roll Chocolate Milk **S**-Cottage Cheese Mixed Fruit Water	24 **B**-Turkey Sausage WW Toast Pears Milk **L**-Chicken Nuggets Wild Rice Peas Mandarin Oranges Milk **S**- Multigrain Cheerios Milk
27 **B**-Trix Cereal Pear Halves Milk L-Baked Chicken Breasts Baked Potatoes Carrots WW Bread Milk S-Boiled Egg Apple Juice	28 B-English Muffin Apricots Milk L-Cheese/Meat Pizza Spinach Salad (HS) Corn (EHS) Diced Peaches Milk S-Vanilla Yogurt Mixed Berries Milk	29 B-Oatmeal Blueberries Milk L- Turkey Burger Baked Sweet Potato Fries Green Beans Milk S-Carrots Ranch Dip Milk		

Leech Lake Early Childhood 1-800-551-0969 or 218-335-8254