

DID YOU KNOW FAMILY, FRIEND AND NEIGHBOR CAREGIVERS HELP KEEP MINNESOTA MOVING?

For many parents in Minnesota, Family, Friend and Neighbor (FFN) caregivers are the preferred type of care. Families feel good about the close relationships their children are developing with their caregivers. 46% of Minnesota families use FFN care as their primary child care arrangement which enables them to get to work or school each day.



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DO YOU CARE FOR THE CHILDREN OF A FAMILY MEMBER, FRIEND OR NEIGHBOR?

**Support is
available
to help
you do this
important job.**

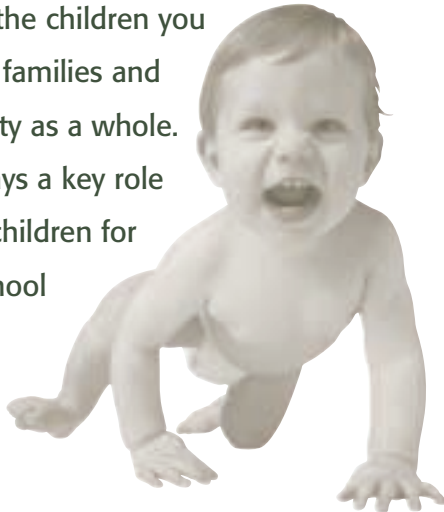


THANK YOU FOR CARING FOR CHILDREN

WE'RE HERE TO HELP

Who are Family, Friend and Neighbor Caregivers?

You are a large and important group of Minnesotans called Family, Friend and Neighbor Caregivers because you care for children who are a part of your extended family, neighborhood, or circle of friends. Even if you do not get paid for the work you do, you are a part of this group. The time you spend with children everyday is important to the children you care for, their families and our community as a whole. Your work plays a key role in preparing children for success in school and life.



You are not alone

Child Care Resource and Referral agencies throughout Minnesota are here to help you do your best as a caregiver and help the children in your care do well. Call your local CCR&R for support services which may include information on caregiving, first aid/safety training, and free supplies.

For more information on services available in your area:

IDEAS FOR ACTIVITIES AND TEACHING TOOLS

Play time helps children learn and gets them ready for success in school. Here are a few tips to help you make the most of your time together.

Infants

Visit the library for simple books with bright, colorful designs.

Toddlers

Stack blocks or other toys together, counting as you go.

Read together often—ask the children to point to familiar objects such as the baby, house, or dog in the story.

Preschoolers

Read books. Ask the children to guess what will happen next in the story.

School Age Children

Visit libraries. Libraries offer storytelling, live music and kids' movies.